



Price List

(All prices are in Japanese Yen and inclusive of tax)

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Weightlessness Therapy	Time	Price
Float Session	45 min	7,000
	60 min	8,000
	90 min	11,000
Guided In-Tank Meditation	60 min	9,000
3 Float Sessions	3x60 min	20,000
	3x90 min	29,000

Bodywork

Oriental Healing Massage	60 min	10,000
	90 min	14,000
	120 min	19,000
Oil Massage	60 min	11,500
	90 min	16,000
	120 min	20,500
Deep Tissue Massage	60 min	11,500
	90 min	16,000
	120 min	20,500
Aromatherapy Oil Massage	60 min	12,000
	90 min	17,000
	120 min	22,500
Hot Stone Massage	60 min	14,000
	90 min	19,500
	120 min	26,500
Thai Massage	60 min	10,000
	90 min	14,000
	120 min	19,000
Warm Herbal Poultice	90 min	19,500
	120 min	26,500
Reflexology	60 min	11,500
	90 min	16,000
Pregnancy Massage	60 min	11,500
	90 min	16,000

Optional Add-Ons

Foot Massage/Head Massage/ Hand Massage/Abdominal Massage	15 min	2,500
	30 min	4,500
Warm Herbal Poultice	30 min	7,500

Remedial Bodywork	Time	Price
Remedial Massage	60 min	11,500
	90 min	16,000
	120 min	20,500

Signature Treatments

Zen-Body, Aroma Mind	60 min	13,500
	90 min	19,000
	120 min	25,500
Four-Handed Symphony	60 min	23,000
	90 min	32,000
	120 min	41,000
Guided Warm-Up & Stretch	45 min	8,500
Therapist-Assisted Stretching	60 min	11,000
Ski Boot Relief	30 min	8,000
	45 min	9,000

Facial Therapies

Soothing Facial	60 min	12,000
Samadara Illuminating Age-Defying Facial	90 min	28,000
Thermal Infusing Facial	90 min	22,500
Brightening Marine Mineral Facial	60 min	15,000
Pure Radiance Facial	60 min	15,000
ManKind Facial	60 min	15,000
	75 min	18,000

Body Care

Organic Green Tea Salt Therapy	60 min	15,500
Detoxification Therapy	75 min	19,000



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Express Spa

Basic Express Massage	Time	Price
Head Massage	30 min	8,000
Shoulder & Back Massage	30 min	8,000
Hand Massage	30 min	8,000
Foot Massage	30 min	8,000

Luxury Express Massage

Sodashi Luxury Foot Treatment	30 min	9,500
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Basic Express Facial

Natural High Facial	30 min	7,500
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Luxury Express Facial

Stop and Relax Facial	30 min	9,500
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Signature Experiences

	Time	Price
Après-Ski Full Revitalisation	2 hrs	21,000
Bliss Ritual	90 min	13,000
	2 hrs	16,000
Couples' Cocoon	2½ hrs	64,500
Mind, Body & Face Renewal	2½ hrs	24,000
Total Luxury Spa	4 hrs	40,000

Full Day Wellness Journeys

The Perfect Snow Day Package	Full day	24,600
The Perfect No Snow Day Package	Full day	62,500

Multi-Day Packages

Eternal Snow Anti-Ageing Package	8¼ hrs	90,500
Natural Revitalisation Package	5 hrs	49,000
Sports Recovery Package	6 hrs	50,500

Bath Menu

Exercise Recovery Bath	In-room	6,000
Sleep Easy Bath	In-room	6,000

In-Room Surcharge for Treatments 5,000